**Omaha-Metro Area Resource Directory**

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## 

## School-Related Supports

**Collective for Youth**

Address: 105 North 31st St. Suite 103 Omaha, NE 68131

Phone: (402)932-2025

Website: <https://www.collectiveforyouth.org>

About: Provides out of school programming for youth and assists students in navigating the public-school system.

**D2 Center**

Address: 1941 S 42nd St. Omaha, NE 68105

Phone: (402)502-8534

Website: <http://www.d2center.org/>

About: Program designed to connect out-of-school and disengaged students ages 15-21 into an educational pathway to success.

**Gateway to College (Metropolitan Community College)**

Website: <https://mccneb.edu/Current-Students/Enrollment/Gateway-to-College.aspx>

About: Gateway to College offers a dual-credit high school diploma completion program. For students aged 16-20 who are disengaged or fallen behind in credits. Visit website for eligibility and application details.

**Goodwill Youth Partnership**

Address: 2421North 24th St. Omaha, NE 68110

Phone: (402)342-2200

Website: <https://www.goodwillomaha.org/services/youthbuild/>

About: Provides youth with paid construction training, paid education and learning (GED), leadership training, and ongoing support services while in the program. Application required. This program is partnered with AmeriCorps.

Eligibility: Ages 16-24, commit to 9 months of training and development, interest in construction and repair, ability to work with low-income families

**Job Corps**

Address: 4521 Leavenworth St. Omaha, NE 68106

Phone: (402)926-2810

Website: <https://www.jobcorps.gov/>

About: A government-funded residential education and job training program for youth ages 16-24. Application required. Call for details.

**Learning Community Center of South Omaha**

Address: 2302 M St. Omaha, NE 68107

Phone: (402)502-5512

About: Helps South Omaha families learn the English language and supports them as they navigate the public-school system.

**Learning Community Center of North Omaha**

Address: 1612 North 24th St. Omaha, NE 68110

Phone: (402)505-4301

About: Helps North Omaha families learn the English language and supports them as they navigate the public-school system.

**Omaha Home for Boys School**

Address: 4343 52nd St. Omaha, NE 68104

Phone: (402)457-7155

Website: <https://omahahomeforboys.org/programs-services/education-scholarship/>

About: An alternative school program for young men who do not fit well in the public-school system. Managed by Anthony Dancer. College scholarships are available. Call for details.

**One Oak Therapeutic School (HFS)**

Address: 4318 Fort St. Omaha, NE 68111

Phone: (402)552-7030

E-mail: [khoman@heartlandfamilyservice.org](mailto:khoman@heartlandfamilyservice.org)

Website: <https://heartlandfamilyservice.org/child-and-family/one-oak/>

About: A Level III alternative school for Grades K-12. Located at the North Omaha Intergenerational Human Services Campus. For additional information contact Kylie Homan (contact information listed above).

## Academic Supports

**(ACT):** Services marked with the (ACT) acronym provide ACT-prep services.

**ClubZ! Tutoring Omaha**

Address: 8420 West Dodge Rd. Omaha, NE 68114

Phone: (402)884-0111

Website: <http://www.tutoringomaha.com/>

About: ClubZ! Offers tutoring services for grades K-12 and adults. Tutors meet in-home and/or at a public location convenient for the client. An initial [free] consultation meeting is required. Services are offered on a month-to-month basis (no long-term contracts). Call for details.

**Do Space (Omaha)**

Address: 7205 Dodge St. Omaha, NE 68114

Phone: (402)819-4022

Website: <https://www.dospace.org/>

About: Do Space offers a free community library with computers, tablets, and printing services. Educational workshops and mentors are also available. A great option for students who do not have computer and internet access available at home!

**Kumon of Omaha**

Address: 2085 N 120th St. Suite D-8 Omaha, NE 68164

Phone: (402)401-7272

Website: <https://www.kumon.com/OMAHA-NORTHWEST-NE>

About: Kumon offers a self-paced after-school program designed to increase a child’s math and reading skills. Call to schedule a free orientation for more information and pricing details.

**Metro-Tech (Fort Campus)**

Address: 30 & Fort St. Omaha, NE 68111

Phone: (531) MCC (622)-2432

Website: <https://www.mccneb.edu/> (search “Learning & Tutoring Centers” for details)

About: Metro-Tech offers free tutoring services in Accounting & Business, Social Science, Foreign Languages, Information Technology and other academic areas to current students.

**Hope Center**

Address: 2200 N 20th St. Omaha, NE 68110

Phone: (402)341-4673

Website: [www.hopecenterforkids.com/our-team](http://www.hopecenterforkids.com/our-team)

About: The Hope Center offers an academic learning academy, job opportunities, and tutoring services to its members. Call for details.

**Huntington Learning Center (ACT)**

Address: 545 N 155th Plaza Omaha, NE 68154

Phone: (402)884-4407

Website: <https://huntingtonhelps.com/>

About: Huntington Learning Center offers tutoring services for students grades K-12, as well as adults. ACT, SAT, GED, and ASVAB tutoring services are also available. Call for details and pricing.

**Pathway to Success (Latino Center of the Midlands)**

Address: 4821 S 24th St. Omaha, NE 68107

Phone: (402)733-2720

Website: <http://latinocenterofthemidlands.org/what-we-do/pathwaystosuccess/>

About: This program works with Latino students and provides case management services ranging from attendance issues to community service referrals. Available for students at Bryan, South, and Bellevue West only. Call for further details.

**The Basket Is Full, Inc. (JavaTops)**

Address: P.O. Box 720, Elkhorn, NE 68022

Phone: 1(800)894-8551

Website: <http://javatops.com/>

About: Offers a “Coffee and College” college-fund program in which parents can sign-up and deposit money online after which JavaTops will match 10% of future JavaTop purchases. Visit website for further details.

## English Language Programs

**Latino Center of the Midlands**

Address: 4821 S 24th St. Omaha, NE 68107

Phone: (402)733-2720

E-mail: [info@latinocenterofthemidlands.org](mailto:info@latinocenterofthemidlands.org)

Website: <http://latinocenterofthemidlands.org/>

About: This agency works to connect immigrants and their families with needed resources, translation services, and offers ESL courses. ESL courses are not limited to the Hispanic/Latino population.

**Refugee Empowerment Center**

Address: 3610 Dodge St. Suite 100 Omaha, NE 68131

Phone: (402)554-0759

Website: <http://refugeeempowerment.org/>

About: English Language courses are offered through the Refugee Empowerment Center. Within 90 days of arriving in the US, refugees are provided with housing, furniture, clothing, food stamps, cash, medical referrals and more.

**Yates Community Center**

Address: 3260 Davenport St. Omaha, NE 68131

Phone: (402)898-9145

Website: <https://www.facebook.com/YatesECP>

About: Yates offers English, Citizenship, Computer and Sewing Classes as well as Cultural Orientation classes on topics designed to help new families orient to life in Omaha. Classes are free and open to Omaha Public School parents and family and run Monday to Friday on Omaha Public School student contact days. Registration is any Monday. Social worker on site to assist with any social work-related issues. Contact Veronica Hill at (402)898-9145 for further details.

## Housing & Shelter

**Douglas County Housing Authority**

Address: 5404 North 107th Plaza Omaha, NE 68134

Phone: (402)444-6203

Website: <http://www.douglascountyhousing.com>

About: Housing programs offered are: Crown-become a homeowner; rental housing for disabled, elderly, and families with low-income; section 8 housing choice voucher. Call for details.

**Habitat for Humanity (Home Ownership Program)**

Address: 1701 N 24th St. Omaha, NE 68110

Phone: (402)457-5657

Website: <https://habitatomaha.org/programs/homeownership/>

About: The Habitat for Humanity offers a home ownership program for low-income families of all ethnic backgrounds. An application process is required. Call for details.

**Heartland Family Services (HFS)**

Address: 2101 S 42nd St. Omaha, NE 68105

Phone: (402)553-3000

Website: <https://heartlandfamilyservice.org/housing-financial-stability/>

About: Rapid Rehousing, Permanent Supportive Housing, and Support Services are offered. Call for further details.

### *Rapid Rehousing (HFS)*

**Heartland Housing Opportunities**

About: To be eligible, an individual must be literally homeless (living in a shelter or on the streets) and living in Pottawattamie County, IA or Douglas and Sarpy counties in NE.

**Heartland Housing Passages**

Individuals must me 18-24 years of age, living in a shelter or on the street, and live in Pottawattamie County, IA or Douglas and Sarpy counties in NE. Some openings are reserved for former wards of the state.

**Heartland Housing Connections**

Individuals must be living in a shelter or on the street, live in Pottawattamie County, IA or Douglas and Sarpy counties in NE. This program provides intensive support services to individuals with high-service needs.

### *Permanent Supportive Housing (HFS)*

**Heartland Housing Beginnings**

About: For young adults 18-23 who are former wards of the state (state custody or foster care). Services provided in Douglas and Sarpy counties in NE.

**Heartland Housing Solutions**

About: To be eligible, individuals or families must be literally homeless (living in a shelter or on the streets), have a disability and live in Pottawattamie County in IA or Douglas and Sarpy counties in NE.

**Samaritan Housing**

About: Individuals must be living in a shelter or on the street, have a disability and live in Pottawattamie County, IA or Douglas and Sarpy counties in NE.

### *Support Services (HFS)*

**Heartland Housing Navigation**

About: Participants must be referred from a partnering emergency shelter or a provider serving survivors of domestic violence. Participants must reside in Pottawattamie County, IA or Douglas and Sarpy counties in NE.

**Homeless Street Outreach**

About: Assessment and case management services for individuals sleeping in places not meant for human habitation. These services are offered with the goal of assisting individuals to find permanent housing. Participants receive housing referrals, transportation, crisis interventions and basic supplies. This service is provided in Pottawattamie County, IA and Douglas and Sarpy counties in NE.

**Omaha Home for Boys (Jacob’s Place Program)**

Address: 919 North 48th St. Omaha, NE 68132

Phone: (402)558-5187

Website: <https://omahahomeforboys.org/programs-services/jacobs-place-transitional-living/>

About: A resource for youth ages 17-20 who struggle with a lack of support, housing, education, and independent living skills. Admittance into the program is made on an application or referral basis. Call for details.

**Open Door Mission**

Address: 2828 N 23rd St E, Omaha, NE 68110

Phone: (402)422-1111

Website: [https://www.opendoormission.org/](https://www.opendoormission.org/about-us/)

About: Open Door Mission provides food, emergency shelter, rental housing, addiction recovery, and homeless prevention services for those in need.

**Siena/Francis House**

Address: 1702 Nicholas St. Omaha, NE 68102

Phone: (402)341-1821

Website: <http://sienafrancis.org/>

About: Offers emergency overnight shelter for homeless individuals/families. Call for details.

**Stephen Center**

Address: 2723 Q St. Omaha, NE 68107

Phone: (402)731-0238

Website: <https://www.stephencenter.org/>

About: The Stephen Center offers permanent supportive housing and transitional living services to individuals and families moving from homelessness to independent living. Call for details.

**Youth Emergency Services**

Address: 2679 Farnam St. Suite # 205 Omaha, NE 68131

Phone: (402)345-5187

Website:<http://www.yesomaha.org/>

About: Youth Emergency Services offers transitional living support; emergency shelter; and support for teens in crisis.

## General/Financial Assistance

**Access Omaha**

Website: [http://dhhs.ne.gov/Children\_Family\_Services/AccessNebraska](http://dhhs.ne.gov/Children_Family_Services/AccessNebraska/Pages/accessnebraska_index.aspx)

About: Provides economic assistance, developmental disability assistance, and Medicaid assistance. You can access the website to apply and submit any documents necessary to complete the application process. Applications can be done via phone as well. Kiosks available at Omaha locations to apply for economic assistance.

**Omaha SONA Office**

Address: 5211 S 31st St. Omaha, NE 68107

Phone: (402)595-1787

Hours: Monday-Friday, 8AM-5PM

**Omaha OSB Office**

Address: 1313 Farnam St. Omaha, NE 68102

Phone: (402)595-2890

Hours: Monday-Friday, 8AM-5PM

**Omaha-42nd St. Office**

Address: 1215 S 42nd St. Omaha, NE 68105

Phone: (402)595-2665

Hours: Monday-Friday, 8AM-5PM

**Omaha- 1500 N Office**

Address: 1500 North 24th St. Suite 102 Omaha, NE 68110

Phone: (402)595-3700

Hours: Monday-Friday, 8AM-5PM

**Fremont Office**

Address: 839 S Broad St. Omaha, NE 68025

Phone: (402)595-1258

Hours: Monday-Friday, 8AM-5PM

**LaVista Office**

Address: 8044 S 84th St. LaVista, NE 68128

Phone: (402)595-1258

Hours: Monday-Friday, 8AM-5PM

**Douglas County General Assistance**

Address: 1111 S 41st Street, Suite 220 Omaha, NE 68105

Phone: (402)444-6215

Website: <https://generalassist.douglascounty-ne.gov/>

About: Provides financial assistance for rent, mortgage, room & board, utilities, clothing and non-food items. Must be a resident of Douglas County, between the ages of 19-64 and cannot qualify for other means of public assistance or do not have sufficient income.

**Earned Income Tax Credit Coalition [of Omaha] (EITC)**

Address: 3605 Q St. Omaha, NE 68107

Phone: (402)250-9781

E-mail: [omahaeitc@cox.net](mailto:omahaeitc@cox.net)

Website: <https://www.fhasinc.org/tax-services.html>

About: Provides low to no-cost tax return preparation for low to moderate income families.

**Eastern Nebraska Community Action Partnership (Douglas County North Office)**

Address: 2406 Fowler Ave. Omaha, NE 68111

Phone: (402)453-4606

Website: <https://encapnebraska.org/>

About: Provide emergency financial assistance, assist with SNAP applications, tax preparation, housing/rental assistance, utility assistance, major vehicle and home repair, financial counseling, as well as job readiness and employment training. ENCAP also provides free transportation for homeless and migrant OPS students.

**Eastern Nebraska Community Action Partnership (Douglas County South Office)**

Address: 4920 South 30th St. Omaha, NE 68107 (located inside One-World Health Center)

Phone: (402)734-4110 (Ext. 1332)

Website: <https://encapnebraska.org/>

About: Same as above.

**Heart Ministry Center**

Address: 2222 Binney St. Omaha, NE 68110

Phone: (402)451-2321

Website: <https://heartministrycenter.org/>

About: Provides a clothing closet, food pantry, health & dental care, educational classes, youth mentoring, legal clinic (and more) for individuals in need.

**Together**

Address: 812 S 24th St. Omaha NE 68108

Phone: (402)345-8047

Website: <http://togetheromaha.org/>

About: Focuses on preventing homelessness and/or eviction. Provides help with utilities, food pantry, bus passes for those who just started a new job and more. Call for details.

## Douglas County Food Pantries

**“A Hand Up” Food Pantry**

Address: 216 South 34th St. Omaha, NE 68131

Phone: (402)345-5383

About: Open Thursdays (3:30PM-5:30PM). No limit on the number of items, but you must bring your own bags.

Eligibility: ID verification, social security cards for all members of the household, photo ID, and proof of current address.

**Benson Baptist Church**

Address: 6319 Maple St. Omaha, NE 68104

Phone: (402)551-1512

About: Open the last Saturday of each month (9AM-12PM). Provides emergency boxes of food, groceries and other items.

Eligibility: Omaha Resident, valid photo ID, social security card, identity verification.

**Community Cupboard Food Pantry Countryside Community Church**

Address: 8787 Pacific St. Omaha, NE 68114

Phone: (402)391-0350

About: Open the first Saturday of every month (10AM-11:30AM). Located in church gymnasium. Will need to provide names and the number of people in household. Limits are set on food dependent on availability. No limit to the number of times you can visit per year.

**Faithworks Pantry Place**

Address: 4892 Oaks Lane Omaha, NE 68137

Phone: (402)895--3394

About: Open every 3rd Wednesday of the month (5PM-7PM) and every 4th Saturday (10AM-12PM).

Eligibility: Proof of address, identity verification and photo ID.

**First Lutheran Church Food Pantry**

Address: 542 South 31st St. Omaha, NE 68105

Phone: (402)345-7506

About: Open Tuesday-Thursday (1PM-2:30PM). Closed the first full week of each month for restocking. Able to utilize 1x every 30 days.

Eligibility: Photo ID or Consulate card, proof of address, social security card.

**Heart Ministry Center**

Address: 2222 Binney St. Omaha, NE 68110

Phone: (402)451-2321

About: Open Wednesdays and Fridays (10AM-1PM). Open 10AM-1PM on Thursdays for Seniors (60+). Able to use 1x every 30 days. Quantity depends on family size.

Eligibility: 1x every 30 days, fill out “needs” assessment each visit.

**Heartland Hope Mission**

Address: 2021 U St. Omaha, NE 68107

Phone: (402)733-1904

About: Can visit 1x every 30 days. Senior citizens and disabled (proof of disability required) individuals can visit 1x every 21 days. Open Tuesday’s (6:30PM-7:30PM), Thursday’s (1:30PM-4PM) and Saturday’s (9:30AM-12PM). Satellite location (139th & Q at Lord of Hosts church) is open the second Saturday of each month (10:30AM-11:30AM).

Eligibility: Identity verification, valid photo ID, proof of other household members (SS # and/or date of birth), proof of address.

**Holy Family Door Ministry**

Address: 1715 Izard St. Omaha, NE 68102

Phone: (402)341-6561

About: Open Monday-Wednesday (9:30AM-12:30PM) and Thursday (9:30AM-12PM). Eligibility: Identity verification, photo ID, social security card, proof of residence status, proof of current mailing address.

**Juan Diego Center**

Address: 5211 South 31st St. Omaha, NE 68107

Phone: (402)731-5413

About: Open Monday, Tuesday, Thursday, Friday (9:30-11:30AM). Open Wednesdays (4PM-6PM). For low-income families, able to utilize 1x every 60 days.

Eligibility: Social security cards for self and all household members, valid photo ID, piece of mail postmarked within the last 30 days.

**Kountze Memorial Church Pantry**

Address: 2650 Farnam St. Omaha, NE 68131

Phone: (402)341-7761

About: Open Monday’s (10AM-1PM), except for holidays. Call before to verify hours. Able to use 1x each week.

Eligibility: Adults, a valid photo ID and the social security card of any children.

**Loaves & Fishes Westminster Presbyterian Church**

Address: 3416 Woolworth Ave. Omaha, NE 68105

Phone: (402)345-5423

About: Open Monday’s (10AM-10:30AM). Doors open at 9:30AM for snacks and coffee. Able to utilize 1x each week.

Eligibility: N/A.

**Omaha Vineyard Food Pantry**

Address: 5030 North 72nd St. Omaha, NE 68124 (located at the Cross Training Center)

Phone: (402)393-9077

About: Open the third Saturday of each month (9AM-11:30AM). Able to utilize 1x every 30 days. Each family is given a couple bags of groceries.

Eligibility: N/A.

**Saint Martin De Porres/Christ Child North**

Address: 2111 Emmet St. Omaha, NE 68110

Phone: (402)453-6363

About: Open Monday (9AM-1PM), Tuesday (12:30PM-4:30PM) and Friday’s (8AM-1PM). Able to utilize 1x every 30 days.

Eligibility: Valid photo ID, piece of mail postmarked within the last 30 days.

**Society of St. Vincent De Paul Food Pantry**

Address: 2101 Leavenworth St. Omaha, NE 68102

Phone: (402)341-1688

Eligibility: Proof of identity, photo ID, proof of mailing address, social security numbers for each household resident.

**Timberlake Outreach Center**

Address: 2107 East Locust St. Omaha, NE 68110

Phone: (402)422-1111

About: Helps with food, clothing, household goods, furniture and appliances. The food pantry can be utilized once every 30 days for food and once every 6 months for furniture.

Eligibility: Identity verification, social security numbers for all household members, and a piece of mail for proof of address.

**Together**

Address: 812 S 24th St. Omaha, NE 68108

Phone: (402)345-8047

About: Can attend once every 30 days. Hours are Monday-Thursday (10AM-3:30PM) and Friday (10AM-2PM).

Eligibility: Photo ID, social security numbers for every household member, and current postmarked mail required.

**Women United Ministries**

Address: 1202 East Browne St. Omaha, NE 68110

Phone: (402)591-0354

About: Able to utilize food pantry once every 90 days, by appointment only.

Eligibility: Identity verification, valid ID for everyone in the household, proof of address.

## Clothing Resources

**Glean Transitional Furnishings**

Phone: (402)457-7828

Address: 3223 N 45th St Omaha NE 68104

About: Aids with clothing, furniture, appliances, electronics, etc.

**Goodwill Industries, Inc.**

Phone: (402)341-4609

Address (Main Office): 4805 N 72nd St. Omaha, NE 68134

About: Low-cost clothing and other necessities. Main office located on 4805 N 72nd with other locations around the city.

**Heart Ministry Center**

Phone: (402)451-2321

Address: 2222 Binney St. Omaha, NE 68110

About: Open every Wednesday-Friday, 10AM-3PM.

**Heartland Family Service (Career Clothing Closet)**

Phone: (402)451-6244

Address: 6720 N 30th St. Omaha NE 68112

About: Provides both men and women with a free interview and professional dress outfit for work. Call to schedule an appointment.

**Holy Cross Lutheran Church**

Phone: (402)571-2951

Address: 4117 Terrace Dr. Omaha NE 68134

About: Project Hope satellite location. Proof of current address (such as a utility bill), photo ID and Social Security card required. Clients may attend every 30 days (total of up to 6 times per year). Open every third Tuesday of the month from 5 – 7 PM.

**Holy Family Church**

Phone: (402)341-6561

Address: 1715 Izard St. Omaha NE 68102

About: Limited to residents of Downtown and North Omaha only. Open every Monday and Thursday from 9 AM – Noon. Proof of current address (such as a utility bill), photo ID, and Social Security card required.

**Marshall Drive Pantry**

Phone: (402)341-6561

Address: 4845 Marshall Dr. Omaha NE 68137

About: Call ahead. Assistance available every 90 days.

**St. Martin de Porres Center (Catholic Charities)**

Phone: (402)341-4004

Address: 2417 Burdette St. Omaha NE 68111

About: Call for details.

## Transportation Assistance

**Eastern Nebraska Community Action Partnership (ENCAP)**

Address: 2406 Fowler Ave. Omaha, NE 68111

Phone: (402)453-5656 (Extension # 208)

Website: <https://encapnebraska.org/programs/>

About: ENCAP provides free transportation for homeless and migrant students. Students interested in obtaining transportation must be referred through OPS.

**Eastern Nebraska Office on Aging**

Address: 4780 S 131st St, Omaha, NE 68137

Phone: (402)444-6536

Website: <https://enoa.org/>

About: Offers free transportation for homeless and migrant students in the Omaha Public Schools district. See pdf below for a full listing of health-related transportation services and details. Visit website or call for additional details.

PDF: <https://enoa.org/wp-content/uploads/2019/02/COMMUNITY-TRANSPORTATION-RESOURCES-1.19.pdf>

**Intelliride (Medicare)**

Address: 2222 Cumming St. Omaha, NE 68102

Phone: (402)401-6999

Website: [www.iridenow.com/Home/Nebraska.aspx](http://www.iridenow.com/Home/Nebraska.aspx)

About: Rides for any medical issue, must be scheduled 3 days in advance.

**Metro Community College**

Website: <http://www.ometro.com/index.php/rider-guide/fares-passes/>

About: Discounted bus tickets for students with an OPS ID

**Mode Shift Omaha**

Address: 6011 Dodge St. CES 219.2 Omaha, NE 68182

E-mail: [info@modeshiftomaha.org](mailto:info@modeshiftomaha.org)

Website: <http://modeshiftomaha.org>

About: Mode Shift is an organization dedicated to improving transportation options and availability in the Omaha-Metro area. Ride-sharing and transportation assistance services are available. E-mail or visit their website for further details.

## Medical/Sexual Health

**Get Checked Omaha (GCO)**

Website: <https://www.getcheckedomaha.com/>

About: Provides a list of locations that provide free STD testing and no-cost birth control. Services marked with the (GCO) acronym provide free STD testing and treatment for those 24-years-old and younger.

**Charles Drew Health Center, Inc (GCO)**

Address: 2915 Grant Street P.O. Box 111609 Omaha, NE

Medical Services: (402)451-3553

Dental Services: (402)453-1433

Pharmacy Services: (402)451-3244

Behavioral Services: (402)810-9758

About: Provides a variety of health services (medical health screenings, chronic disease, homeless health care, and no-cost birth control), and wellness programs (WIC, Omaha healthy start, baby beginnings).

**Douglas County Health Department (GCO)**

Address: 1111 South 41st St. Omaha, NE 68105

Phone: (402)444-7471

Website: <https://www.douglascountyhealth.com/>

About: Offers a variety of healthcare services, and is a proponent of disease control, addressing social determinants of health, ensuring child wellness and promoting healthy lifestyle choices.

**Fred LeRoy Health and Wellness Center**

Address: 2602 J St. Omaha, NE 68107

Phone: (402)733-3612

Website: <https://www.poncatribe-ne.org/> (Further information located under Health Services tab)

About: Provides medical, dental, behavioral and public health services to American Indians and others eligible for Indian Health Services.

**Livestock Exchange Campus (OneWorld) (GCO)**

Address: 4920 South 30th St. Omaha, NE 68107

Phone: (402)734-4110

Website: [www.oneworldomaha.org](http://www.oneworldomaha.org)

About: Provides behavioral and medical health and no-cost birth control services to teens.

**Nebraska Aids Project (GCO)**

Address: 250 South 77th St. Suite A Omaha, NE 68114

Phone: (402)552-9260

Website: [www.nap.org](http://www.nap.org)

About: Seeks to fight the stigma surrounding a HIV/AIDS health status through education, case management, supportive services and advocacy.

**Nebraska Medicine at Girls Inc. (GCO)**

Address: 2811 North 45th St. Omaha, NE 68104

Phone: (402)552-9555

About: A UNMC sharing clinic located at Girls Inc that offers a variety of healthcare services.

**Nebraska Urban Indian Health Coalition (GCO)**

Address: 2240 Landon Court Omaha, NE 68102

Phone: (402)346-0902

Website: <http://www.nuihc.com/>

About: Provides health care and services targeting the urban American Indian and Alaska Native population. Some services are offered to eligible Native patients only. Most primary care health services are available regardless of race, color, sex, national origin, disability, religion, sexual orientation or ability to pay. Call for details.

**North Omaha Area Health (GCO)**

Address: 5404 Ames Avenue Omaha, NE 68104

Phone: (402)933-0737

Website: <https://www.noahclinic.org/>

About: Provides health-care services to residents of North Omaha.

**OneWorld North West Omaha**

Address: 4229 North 90th St. Omaha, NE 68134

Phone: (402)401-6000 (Appointments)

About: Provides residents of NW Omaha with behavioral health, family practice, pediatric, dental and mental health care.

**Teen & Young Adult Health Center (GCO)**

Address: 4310 South 24th St. Omaha, NE 68107

Phone: (402)502-8880

Website: [www.oneworldomaha.org/tayahc](http://www.oneworldomaha.org/tayahc)

About: Provides behavioral/medical health and no-cost birth control services to individuals 25 and younger. Services are confidential.

**Planned Parenthood of the Heartland (GCO)**

Address: 4610 Dodge St. Omaha, NE 68132

Phone #: 1(877)811-7526

Website: <https://www.plannedparenthood.org/planned-parenthood-heartland/patient-resources>

About: Schedule appointments online or call for the nearest location. Offers no-cost birth control and same-day appointments for HIV-Testing, Birth Control, Sexual Assault Exams and more.

**UNMC Goodlife Clinic (Internal Medicine at Durham Outpatient Center)**

Address: 4400 Emilie St level 5 Omaha, NE 68105

Phone: (402)559-4015

About: Operates on the second Wednesday of each month. Provides primary-care services (including lab evaluations and medications) for Omaha residents with Type 2 Diabetes. Patients are asked for a $10 co-pay at each visit but this can be waived for those who cannot afford it.

**UNMC Respect Clinic (Internal Medicine at Durham Outpatient Center)**

Address: 4400 Emilie St level 5 Omaha, NE 68105

Phone: (402)559-4015

About: Provides confidential testing and treatment for sexually-transmitted diseases. The clinic meets Monday’s from 5:30PM-7PM at the Baker Place Clinic in North Omaha to provide HIV and STD testing, counseling and preventative education. Individuals do not need to demonstrate financial need to visit the clinic but are asked for a $15 co-pay each visit.

**UNMC Sharing Clinic (UNMC Specialty Care Center)**

Address: 804 S 52nd St. Omaha, NE 68106

Phone: (402)559-2666

About: Provides general medical health services for those in need. Physical therapy services are also available. Patients are seen by appointment and the clinic is open Tuesday evenings from 5:30PM-7PM each week.

**UNMC Vision Clinic (Truhlsen Eye Institute)**

Address: 3902 Leavenworth St. Omaha, NE 68105

Phone: (402)559-2020

About: Provides complete eye exams. Open the first Friday (half day) of each month.

## Behavioral Health

**A Better Way Therapy (Two Locations)**

Address: 3223 North 169th St. Omaha, NE 68116

Address: 11909 Arbor St. Suite E Omaha, NE 68144

Phone: (402)502-1282

E-mail: [bhugunin@cox.net](mailto:bhugunin@cox.net)

Website: <https://abetterwaytherapy.com/>

About: This agency provides counseling services to individuals who have a variety of mental health concerns. Call for details.

**Beneficial Behavioral Health Services**

Address: 13435 A St. Omaha NE 68154

Phone: (402)687-3923

Website: [www.behaviortherapyomaha.com](http://www.behaviortherapyomaha.com)

About: Offers in-home and in-office counseling, outpatient substance use evaluations and programming, and mental health evaluations. No Medicare or sliding fee scale. Bilingual staff (Spanish) available for visitations.

**Child Saving Institute**

Address: 4545 Dodge St. Omaha, NE 68132

Phone: (402)553-6000

Website: [www.childsaving.org](http://www.childsaving.org)

About: Provides mental health therapy services for youth and adolescents. Referral and walk-in clientele accepted.

**Grief’s Journey**

Address: 7811 Farnam Drive Omaha, NE 68114

Phone: (402)502-2773

Website: <https://griefsjourney.org/>

Email: [info@griefsjourney.org](mailto:info@griefsjourney.org)

About: A “safe-place” for grieving children, teens and adults. Free peer support groups, education and consultation services are offered in both NE and IA.

### *Programs (Grief’s Journey)*

**Monthly Family Support Group**

About: An open group for families to attend at any time. Meets the second Saturday of every month. Youth and adults work with trained facilitators in separate age/developmental groups.

**8-Session Family Support Groups**

About: Series are held throughout the year in which families attend 8 consecutive sessions. Youth and adults work with trained facilitators in separate age/developmental groups.

**Family Days**

About: Themed afternoon events featuring crafts and activities to honor and remember special people who have died. Families work together with volunteers in a fun, light-hearted and safe setting to process their grief.

**Camp Hope/Teen Camp**

About: A weekend overnight camp for teens who have previously attended other programs with their families. This program is designed to build social support(s) through a variety of activities including horseback riding, drumming, hiking, photography and more.

**Adults Helping Adults (AHA)**

About: A support group specifically for adults. The group meets twice a month and new members can join at any time. No youth programs are provided during this time.

**Serious Illness/Injury Support Groups**

About: A support group for families grieving a serious illness or injury. Meets the second Saturday of every month. Youth and adults work with trained facilitators in separate age/developmental groups followed by a closing family activity.

**Kanesville Therapy, LLC**

Address: 508 S Main St. Council Bluffs IA 51503

Phone: (712)352-2110

Website: <http://www.kanesville.qwestoffice.net/index2.html>

About: Kanesville Therapy provides mental health services in a private practice setting for individuals struggling with depression, anxiety, PTSD and more.

**The Attachment and Trauma Center of Nebraska**

Address: 638 North 108th Plaza Omaha, NE 68154

Phone: (402)403-0190

Website: [www.atcnebraska.com](http://www.atcnebraska.com)

About: Offers therapy to adults, children and families to overcome attachment issues, Post-Traumatic Stress Disorder, anxiety, addictive behaviors and more. A Dialectical Behavior Therapy and parenting class for adolescents are also offered.

**The Kim Foundation**

Address: 13609 California St. Omaha, NE 68154

Phone: (402)891-6911

Website: <http://www.thekimfoundation.org/>

About: A non-profit organization which increases awareness, reduces stigma, and provides education/resources related to mental health and suicide.

**Uta Halee Academy**

Address: 10625 Calhoun Rd. Omaha, NE 68112

Phone: (402)905-9600

Website: <http://utahaleeacademy.com/>

About: Uta Halee offers a residential treatment program for young women to provide them with the skills and support necessary to overcome abuse, neglect, trauma, addiction, and mental illness. Credit recovery, GED, high school diplomas, employment opportunities, scholarships and post-secondary education are obtainable through this academy. Call or visit their website for further details.

## Substance-Use Disorder(s)

**Addiction & Recovery Services**

Address: 7602 Pacific St. Suite 304 Omaha, NE 68114

Phone: (402)510-1754

Website: <http://www.addictionandrecoveryservices.net/>

About: Addiction & Recovery Services offers Alcohol/Drug Evaluations, substance abuse counseling & addiction therapy, family consults and more for individuals and families impacted by addiction. Call for payment options and details.

**Catholic Charities/Omaha Campus for Hope**

Address: 1490 North 16th St. Omaha NE 68102

Phone: (402)827-0570

Website: <https://www.ccomaha.org/>

About: Campus for Hope provides a space for individuals to safely detox. Food, medical assistance, and 12-step meetings are provided/offered as well.

**CHI Health Immanuel - Heritage Center**

Address: 6901 Heritage St. Omaha, NE 68122

Phone: (402)717-4673

Website: <http://chihealth.com>

About: CHI offers detox services, medication management and use a variety of mental health modalities to aid individuals in their addiction recovery at this residential in-patient treatment facility.

**Lasting Hope Recovery Center**

Address: 415 S 25th St Omaha NE 68131

Phone: (402)717-5300

Website: <https://www.chihealth.com/lasting_hope_recovery_center>

About: Lasting Hope provides inpatient care for those struggling with mental health and/or co-occurring substance use issues.

**Lutheran Family Services**

Address: 2401 Lake St. Suite 110 Omaha, NE 68111

Phone: (855)659-2706

Website: <https://www.lfsneb.org/>

About: LFS offers chemical dependency evaluations, as well as outpatient and intensive-outpatient treatment programs. Call for details. Bellevue location also exists.

**Miracles Treatment Program (Siena/Francis House)**

Address: 1702 Nicholas St. Omaha, NE 68102

Phone: (402)341-1821

E-mail: [treatment@sienafrancis.org](mailto:treatment@sienafrancis.org)

Website: http://www.sienafrancis.org/index.php/services/miracles-treatment-program

About: Offers chemical dependency evaluations, education, housing assistance, individual, group and family therapy, as well as job training and aftercare services. Must be 19 or older.

**NOVA Treatment Community**

Address: 8502 Mormon Bridge Rd. Omaha, NE 68152

Phone: (402)455-8303

Website: <http://www.novatc.org/>

About: NOVA offers a residential facility for youth ages 13-18 to receive co-occurring mental health and substance-use treatment during their stay. Call for further details.

**OMNI Behavioral Health**

Address: 5115 F St. Omaha, NE 68117

Phone: (402)397-1404

Website: <http://omniic.com/>

About: OMNI offers mental health and addiction therapies for individuals in need. Call for details.

**Stephen Center**

Address: 2723 Q St. Omaha, NE 68107

Phone: (402)731-0238

Website: <https://www.stephencenter.org/>

About: The Stephen Center offers substance abuse treatment service for low-income and homeless individuals.

## Criminal Justice Involvement

**American Civil Liberties Union (Nebraska)**

Phone: (402)933-3635

Address: 8420 W Dodge Rd. Omaha NE 68114

Website: <https://www.aclunebraska.org/>

About: ACLU-NE fights for equality in the judicial system for all US citizens regardless of race, class, gender or sexual orientation.

**Immigrant Legal Center**

Address: 4223 Center St. Omaha, NE 68105

Phone: (402)731-5413

Website: [www.immigrantlc.org](http://www.immigrantlc.org)

About: Provides legal services, education, and advocacy for immigrants in Nebraska and Southwest IA.

**Juan Diego Center (Catholic Charities)**

Address: 5211 South 31st St Omaha, NE 68107

Phone: (402)731-5413

Website: <https://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

About: Provides residents of south Omaha with food assistance, family enrichment and immigration legal services.

**Lambada Legal**

Phone (Legal Help Desk): 1(866)542-8336

Website: [www.lambadalegal.org](http://www.lambadalegal.org)

About: A national non-profit organization committed to achieving full civil rights recognition of individuals who identify as LGBTQ+ and are HIV-positive.

**Legal Aid of Nebraska**

Address: 209 S 19th St. Suite 200 Omaha, NE 68102

Phone: (402)348-1069

Legal Assistance: (877)250-2016

Website: [www.legalaidofnebraska.org](http://www.legalaidofnebraska.org)

About: An organization dedicated to protecting low-income individuals and families through legal aid.

**Nebraska Appleseed**

Phone: (402)438-8853

About: Nebraska Appleseed is a nonprofit organization that fights for equal rights for all Nebraska citizens. Areas covered by this organization include child welfare and health care services, and immigrants & communities. Call this intake phone # for assistance or referrals.

**Omaha Non-Emergency Police Line**

Phone: (402)444-4877

About: Call for assistance with any non-emergency criminal activity.

**United Way of the Midlands**

Phone: Dial (211) or (402)444-6666

About: 24/7 hotline that can refer you to needed resources.

## LGBTQ-Specific Resources

**Gay, Lesbian & Straight Education Network (GLSEN)**

Website: <http://glsen.org>

About: GLSEN is a nonprofit chapter of a national organization, the Gay, Lesbian & Straight Education Network (GLSEN) to create safe and LGBTQ inclusive school environments in the state of Nebraska

**Queer Nebraska Youth Network (QNYN)**

Website: <https://www.facebook.com/theqnyn/>

About: For youth aged 15-24; a virtual center which provides connection to activities, resources and online connections for LGBTQ+ youth.

**Proud Horizons**

Address: 7020 Cass St. Omaha, NE 68132

Website: <https://proudhorizons.wordpress.com/>

About: Youth group specifically for LGBTQ youth and straight allies, ages 13-23. Meetings are held every Saturday from 4-6PM at First United Methodist Church Mead Hall

**PFLAG**

Phone: (402)291-6781

E-mail: [info@pflag.org](mailto:info@pflag.org)

Website: <http://www.pflag-omaha.org/>

About: Provides support and education for LGBTQ people, youth, and families. Meetings are held the second Thursday of the month from 6:45PM-9PM at Country Side Community Church (8787 Pacific St. Omaha, NE 68114).

**River City Gender Alliance**

Website: <http://rcga.co/>

About: Provides monthly support meetings, resource referrals and outreach activities.

**Professional Transgender Resource Network**

Website: **<http://www.ptrnnebraska.com/>**

About: Provides information to assist with finding care providers and navigating the legal landscape of NE.

**UNMC Transgender Clinic**

Phone: (402)559-2666 (Dr. Jean Amoura)

Website: <https://www.nebraskamed.com/transgender-care>

About: A transgender care clinic that provides services such as hormones, puberty blockers, surgery and provides referrals to community services to assist with legal documents (i.e. name changes).

## Crisis Help Lines

**Boys Town National Hotline**

Address: 14100 Crawford St. Boys Town, NE 68010

Phone: 1-800-448-3000 (Text “voice” to 20121)

Website:<https://www.boystown.org/hotline/Pages/default.aspx>

About: Boys Town offers chat (e-mail, text, IM, and phone) services for teens in crisis.

**Crisis Text Line (English Only)**

Phone: 741741 (Text)

About: This text line is staffed 24/7 and is free and confidential on all major carriers. Also available on FB messenger or “KIK” app. A crisis counselor will respond within 5 minutes of the initial message.

**Exhale After-Abortion Talk line**

Phone: 1(866)4-EXHALE (394253)

Website: <https://exhaleprovoice.org/after-abortion-talkline/>

About: Offers safe, non-judgmental emotional support, resources and information. Services are available Monday (5PM-9PM), Wednesday (5PM-9PM) and Saturday (12PM-4PM) Pacific Standard Time (PST). This talk line offers services for women and girls who have had abortions as well as their partners, friends, allies and family members.

**Migrant Education Hotline**

Phone: 1(800)234-8848

About: Migrant farmworkers and their families can call for information concerning school enrollment, education and service referrals for clothing, food, shelter, and more.

**National AIDS Hotline**: 1(800) CDC-INFO (232-4636)

About: Offers support and services in both English and Spanish. For a full listing of all AIDS-related national hotlines, please visit <http://www.thebody.com/index/hotlines/national.html>

**National Abuse & Neglect Hotline**

Phone: 1-800-652-1999

About: If you believe a vulnerable adult (developmentally or physically disabled, elderly, etc.) or child has been victimized by abuse and/or neglect, call this hotline.

**National Domestic Violence Hotline**

Website:<https://www.thehotline.org/>

Phone: 1-800-799-7233; 1-800-787-3224 (TTY)

About: This hotline provides support for those experiencing domestic violence and offers support via phone and online chat services.

**National Sexual Assault Hotline**

Website:<https://hotline.rainn.org/online/>

Phone: 1-800-656-4673

About: This hotline provides support for those experiencing sexual violence and offers support via phone and online chat services.

**National Indigenous Women’s Resource Center**

Phone: (855)649-7299

Website: <http://www.niwrc.org/>

About: A National resource center designed to enhance the safety and prosperity of Native American women and their children.

**National Suicide Prevention Lifeline**: (800)273-TALK (8255)

**National Runaway Switchboard**: 1(800) RUNAWAY (786-2929)

**National Teen Dating Abuse Helpline**: 1(866)331-9474 or 1(866)331-8453 (TTY)

**National Human Trafficking Resource Center**

Phone: 1(888)373-7888 or 711 (TTY)

SMS: 23373 (Text “HELP” or “INFO”)

Website: https://humantraffickinghotline.org/

About: Offers services in English, Spanish and 200 more languages.

**Nebraska Family Support Network & Helpline**

Address: 3568 West Dodge Rd Omaha, NE 68131

Phone: 1-888-866-8660 (Helpline)

Website: <http://dhhs.ne.gov/behavioral_health/Pages/nebraskafamilyhelpline_about.aspx>

About: A hotline staffed 24/7 and supervised by licensed mental health practitioner’s that assess individual level of need and make any necessary referrals.

**Nebraska Child Abuse & Neglect Hotline**

Phone: 1(800)652-1994

Website: <http://dhhs.ne.gov/children_family_services/Pages/cha_chaindex.aspx>

About: Call to report suspected child abuse and/or neglect in the state of Nebraska.

**Nebraska Spanish Helpline**

Phone: (877)215-0167

About: A 24-hour hotline for Spanish-speaking individuals.

**Planned Parenthood Hotline**

Phone: 1(800)230-PLAN (7526)

Text line: “PPNOW” to 774636 (PPINFO)

Website: <https://www.plannedparenthood.org>

About: English and Spanish Services offered. Services are not open 24 hours a day. They are available Monday-Thursday: 10AM-11PM (EST) and 7AM-8PM (PST), Friday: 10AM-10PM (EST) and 6AM-7PM (PST), Saturday: 10AM-5PM (EST) and 7AM-2PM (EST) and Sunday: 12PM-11PM (EST) and 9AM-8PM (PST).

**Postpartum Support International (PSI) Hotline**

Phone: 1(800)944-4773 (4PPD)

Text line: (503)894-9453

About: Toll Free helpline that provide basic information, support and resources for new mothers. Voicemails are confidential. Services offered in both Spanish (Ext: 1) & English (Ext: 2).

**SAFE-T (National Human Trafficking Resource Center) (HT)**

Phone: (888)373-7888

About: Hotline for survivors of sex trafficking. Staffed 24/7, 365 days a year.

**The Gay and Lesbian National Hotline**

Phone: 1(888) THE-GLNH (843-4564)

E-mail: [glnh@glnh.org](mailto:glnh@glnh.org)

About: Hours of operation are Monday-Friday: 4PM-12AM and; Saturday: 12PM-5PM (Eastern Standard Time)

**Trans Lifeline**

Phone: (877)565-8860

Website: <https://www.translifeline.org/>

About: A national trans-led organization dedicated to improving the quality of trans lives via support, advocacy and education

**Trevor Project**

Phone: (866)-4-U-TREVOR (866-488-7386)

Website: <https://www.thetrevorproject.org>

About: A national 24-hour suicide hotline specifically for LGBTQ+ youth.

**Youth Emergency Services (YES) Safe Place Hotline**

Phone: (402)578-SAFE (7233)

About: This hotline provides support and services specifically for homeless youth.